

# HONEST MARY'S

## Signature Bowls

*Build Your Bowl on other side*

### Smoky Poblano GF 9.75

Basmati Rice, Wild Arugula, Sweet Corn, Pickled Onions, Texas Goat Cheese, Avocado, Pumpkin Seeds, Creamy Poblano Sauce, Lime Wedge

Add grilled chicken + 4

### Mediterranean GF 10.25 Harissa

Black Forbidden Rice, Wild Arugula, Sweet Corn, Roasted Beets, Cucumber Salad, Crumbled Feta, Texas Harissa, Lemon Herb Yogurt Sauce

Add grilled chicken + 4

### Sedona Lime GF DF V 9

Basmati Rice, Organic Spinach, Roasted Sweet Potatoes, Black Beans, Toasted Pumpkin Seeds, Cashew Lime Crema Sauce, Lime Wedge

Add grilled steak + 5.25

### Aloha Poke GF DF 12.75

Hand-line Caught Poke, Basmati Rice, Avocado, Asian Slaw, Edamame, Pickled Onions, Organic Jalapeños, Black Sesame Seeds, Sesame Vinaigrette, Lime Wedge

### Golden Ponzu GF DF V 9.75

Wild Arugula, Tricolored Quinoa, Pumpkin Spice Butternut Squash, Baby Portobello Mushrooms, Golden Gremolata, Toasted Texas Pecans, Turmeric Ponzu Sauce

Add grilled chicken + 4

### Miso Spring Salad GF DF V S 9.75

Wild Arugula, Organic Spinach, Cherry Tomato with Mint, Charred Broccoli with Sesame, Julienne Carrots, Edamame, Organic Jalapeños, Miso Orange Vinaigrette

Add grilled chicken + 4

GF GLUTEN FREE

DF DAIRY FREE

V VEGAN

S SEASONAL

## Broths NEW

### Sipping Broths

12oz / 16oz 5.5 / 6.75

Chicken GF DF  
*Bone broth, vegetables*

Seaweed and Mushroom GF DF V  
*Kombu, cremini, shiitaki, vegetables*

#### CHOOSE ADD-INS

Lemon & Parsley  
Chili Oil & Lime  
Ginger & Turmeric

## Extras

### Drinks

House-Made Agua Fresca 3  
*Cucumber lime or Ginger limeade*

Iced Yaupon Tea 3  
*Black or Green*

### Sweets

Almond Butter GF DF V 3.25  
Cookie  
*with Maldon salt*

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illnesses.*

# Build Your Bowl

## Bowl

START HERE

Grilled Chicken <i>Naturally raised</i>	12.75
Grilled Steak <i>Hormone-free</i>	14
Fresh Poke <i>Hand-line caught</i>	14.5
Baked Tofu <i>Organic, non-GMO</i>	12.5
Farmers Market <i>Pick 3 Market Sides</i>	10.75
Kids Bowl	7.5

## Base

PICK 1

Basmati Rice	Organic Spinach
Black Forbidden Rice	Wild Arugula
Tricolored Quinoa	

Add an extra + 1

## Market Sides

PICK 2

Roasted Sweet Potatoes	Organic Kale with Lemon
Black Beans	Baby Portobello Mushrooms
Charred Broccoli with Sesame	Roasted Carrots with Coriander
Curry Roasted Cauliflower	Roasted Brussels Sprouts
Roasted Beets	French Green Lentils
Sweet Corn	Pumpkin Spice Butternut Squash
	Cherry Tomato with Mint <span>S</span>

Add an extra + 2

## Toppings

PICK UP TO 2

Pickled Onions	Asian Slaw
Toasted Pumpkin Seeds	Texas Goat Cheese
Edamame	Toasted Texas Pecans
Texas Harissa	Crispy Chickpeas
Cucumber Salad	Herb Blend
Crumbled Feta	Golden Gremolata
Avocado	Julienne Carrots <span>S</span>
Organic Jalapeños	

Add an extra + 1

## Sauce

PICK 1

Sesame Vinaigrette <span>GF DF V</span>	Lemon Garlic <span>GF DF V</span>
Lemon Herb Yogurt <span>GF</span>	Apple Cider Vinaigrette <span>GF DF</span>
Creamy Poblano <span>GF DF V</span>	Spicy Peanut <span>GF DF V</span>
Cashew Lime Crema <span>GF DF V</span>	Turmeric Ponzu <span>GF DF V</span>
	Miso Orange Vinaigrette <span>GF DF V S</span>

Add an extra + 1.25

GF GLUTEN FREE

DF DAIRY FREE

V VEGAN

S SEASONAL



No Artificial Ingredients



Non-GMO Oils



Dirty Dozen Always Organic



Hand-Line Caught Ahi Tuna



No Refined Sugars



Antibiotic and Hormone Free Meat